

## Weekly Menu

Autumn Term 2021

and Nutre	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Fri 3 <sup>rd</sup> Sep W/C- 06/09 W/C- 27/09 W/C- 18/10	Sausage in a Bun with Pasta, Sweetcorn or Baked Beans or Pasta Bake with Sweetcorn and Bread	Breaded fish, Oven- baked Chips, Peas and Carrots or Macaroni Cheese with Salad and Garlic Bread	Roast Chicken with Mashed Potato and Seasonal Vegetables or Cheese Pasty with Mashed Potato and Seasonal Vegetables	Chicken Wrap with Pasta and Salad	Fish Fingers with Oven-baked Chips and Beans or Peas or Chili, Rice and Sweetcorn
Week 2 w/c- 13/09 w/c- 04/10	Sausage Roll with Pasta, Sweetcorn or Baked Beans or Meatballs in Tomato Sauce, Spaghetti Peas and Carrots	Homemade Beef Burgers, Chips and Salad or Chicken and Leek Pasta Bake, Garlic Bread and Salad	Roast Chicken with Mashed Potato and Seasonal Vegetables or Salmon Risotto with Mashed Potato and Seasonal Vegetables	Chicken Wrap with Pasta and Salad	Fish Fingers with Oven-baked Chips and Beans or Peas or Chicken Curry, Rice and Naan Bread
Week 3 W/C- 20/09 W/C- 11/10	Pizza with Pasta and Salad or Chilli Chicken with Pasta and Sweetcorn	Spaghetti Bolognese, Bread, Peas and Carrots or Toad in the Hole with Mashed Potato, Peas and Carrots	Roast Chicken with Mashed Potato and Seasonal Vegetables or Vegetable Samosa with Mashed Potato and Seasonal Vegetables	Chicken Wrap with Pasta and Salad	Fish Fingers with Oven-baked Chips and Beans or Peas or Minced Beef Burrito Wrap, Garlic Bread and Salad

Available Daily

A choice of yogurt, fresh fruit or a fruit based pudding



## Weekly Menu (Veg)

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ally and Nurse	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Fri 3 <sup>rd</sup> Sep W/C- 06/09 W/C- 27/09 W/C- 18/10	Quorn Sausage in a Bun with Pasta, Sweetcorn or Baked Beans	Macaroni Cheese with Salad and Garlic Bread or Breaded fish, oven baked chips, peas and carrots	Quorn with Mashed Potato and Seasonal Vegetables or Cheese Pasty with Mashed Potato and Seasonal Vegetables	Quorn Fillet Wrap with Pasta and Salad	Quorn Fillet and Vegetable Risotto or Fish Fingers with Oven-baked Chips and Beans or Peas
Week 2 W/C- 13/09 W/C- 04/09	Cheese Pasty with Pasta, Sweetcorn or Beans	Quorn Burgers, Chips and Salad	Quorn with Mashed Potato and Seasonal Vegetables  or  Salmon Risotto with Mashed Potato and Seasonal Vegetables	Quorn Fillet Wrap with Pasta and Salad	Quorn Fillet and Vegetable Risotto or Fish Fingers with Oven-baked Chips and Beans or Peas
Week 3 w/c- 20/09 w/c- 11/10	Pizza with Pasta and Salad	Quorn Sausage and Yorkshire Pudding with Mashed Potato, Peas and Carrots	Quorn with Mashed Potato and Seasonal Vegetables or Vegetable Samosa with Mashed Potato and Seasonal Vegetables	Quorn Fillet Wrap with Pasta and Salad	Pasta Bake with Beans or Peas or Fish Fingers with Oven-baked Chips and Beans or Peas

Available Daily A choice of yogurt, fresh fruit or a fruit based pudding