



Weekly Newsletter: 20th December 2023

Head Teacher update:

I would like to take this opportunity to thank you for your continued support. It has been such a busy term and the children have achieved so much. It was so lovely hearing the children from Nursery sing their Christmas songs this morning to end the term. I would also like to thank the amazing staff who do so much to support your children and work tirelessly. They definitely deserve the break.

There are just a couple of messages below signposting you to support should you require it and some information and changes which will take place in the New Year. I wish you a Merry Christmas and a Happy New Year.

Text HEAR to 85258, a free mental health text service, across Cambridgeshire and Peterborough:

The Christmas break is often such a happy time of year but I also, I think it is important that for some it can be a really challenging time whether this be financially or emotionally. If at any point over the holidays you feel like you need any support please do check our school website where you can find information about support available. Also, there is a new local mental health free text messaging support service. HEAR 85258 is being funded by NHS Cambridgeshire & Peterborough, in partnership with the national service SHOUT. The free to use text service provides real-time support to people who are struggling with their mental health across the county.

When texting the word HEAR to 85258, the person will be connected to a trained volunteer who will offer them calm in a time or place of crisis. During the confidential and anonymous conversation, the texter will be supported while working on a plan of action and signposted to local and national mental health services. Texting HEAR to 85258 is free, discreet and runs 24/7. It won't appear on a mobile bill and requires no app, data, password, or registration.

Uniform

Starting from January we will be changing our rules on PE kits and school uniforms. We will now be asking that children come into school in their school uniforms every day and bringing a separate PE kit to get changed into for PE lessons. This is a good skill for children for learn to change independently as well as more hygienic following PE lessons. Please keep the PE kits in school and take home every half term.

Kind regards,

Mrs Laura Fielding

Headteacher